



***Thursdays at 6pm  
in San Marcos!***

**Let's Talk About It:**

**Discussion Groups  
for People Affected by HIV/AIDS**

*Hosted by Community Action, Inc.  
and Waterloo Counseling Center*

Are you HIV+ or have a loved one with HIV/AIDS?

Do you wonder about:

- staying healthy?
- finding medical care?
- managing HIV and enjoying life?
- finding other kinds of help?
  - what others know about dealing with HIV?
  - talking to family and friends about HIV?
    - how to stop feeling alone?

**Join us every Thursday at 6pm in San Marcos  
Dinner's on us! Bring a friend or family member!**  
*(location will be shared with people calling to save a space)*

To learn more or reserve your space, call Sarah Gremillion  
at Waterloo Counseling Center, 512-444-9922.

*Want us to offer a group in your area? Let us know!*